

Grandmaster Sin Thé and the Shaolin-Do Association proudly present

Swallow & Condor Tai Chi Seminar

Online Seminar via Zoom

Sunday, September 12th
2:00 PM - 6:00 PM EDT

The Zoom link will be emailed to everyone on Saturday, September 11th

In-Person Seminar

Sunday, September 19th
9:00 AM - 5:00 PM EDT

Oleika Shriners
326 Southland Dr.
Lexington, KY 40503

Grandmaster Sin Thé will be teaching two new Tai Chi forms at his annual fall seminar. First he will teach the Swallow Tai Chi Fist. This 36 posture form is straight forward with simple movements that teach Hua Ching (inner power) snapping-type strikes. It is smooth and graceful but every move is a "bone shattering nightmare to your opponent" (in Grandmaster Sin's words). This is perfect for any belt level Tai Chi or Kung Fu student.

Then he will teach the Super Condor Tai Chi Fist. This 46 posture form is a sister form to the Eagle form from the Meteor Fist system, but it is only half as long. It concentrates on fluid and graceful movements and being low to the ground. The movements are more complex than the Swallow and are meant to teach sophistication of movement.

The prices are the same and you can attend either in-person, online, or both! For those who attend in-person, there will be physical DVDs available for preorder and those will be handed out at the door. For those who attend the Zoom seminar and preorder a video, you will be emailed a link to download the video to your computer.

Please fill out the registration form and mail it to the address below. If paying by check, please make your check payable to "Shaolin-Do Association".

Shaolin-Do Association
282 Gold Rush Road
Lexington, KY 40503

Registration for Swallow & Condor Tai Chi Seminar

** For early registration, we must receive this form on or before Friday, September 10th **

Name : _____

Rank : _____

Address : _____

Phone # : _____

Email : _____

Instructor : _____

Please circle one option in each row below.	Early Registration	Late Registration	Lifetime Member*
Registration	\$125	\$150	FREE
Video	Yes — \$39.95		No
If you purchased a video, which type of video would you like?	Physical DVD		Digital Download
TOTAL	\$		
Which seminar will you be attending?	In Person	Online (Zoom)	Both

Name on Card:
Credit Card #:
Exp Date:
Security Code:
Signature:

*Lifetime memberships must have been purchased directly from Grandmaster Sin Thé to count for free admission. Sorry, no refunds! The SDA reserves the right to refuse admittance to anyone for any reason. For the latest news and updates, visit www.shaolin-do.com, or follow us on Social Media Facebook: facebook.com/ShaoLinDoAssociation / Twitter: [@shaolindoassoc](https://twitter.com/shaolindoassoc) / Instagram: [@shaolindoassociation](https://instagram.com/shaolindoassociation)