

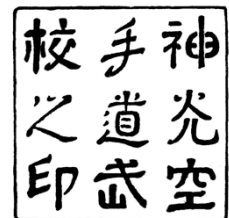
# 1<sup>st</sup> Black to 2<sup>nd</sup> Black (2 Required + 8 Others)

(43 Forms)

Yang Style Tai Chi – 64	Yang Tai Chi Chuan	REQUIRED
Classical Pa Kua	Pa Kua Chiang	REQUIRED
Black Tiger -#1 Claws the Heart	He Foo Chon Sin	
Black Tiger -#2 Turns the Body	He Foo Chuan Sen	
Black Tiger -#3 Flips the Body	He Foo Huan Sen	
Black Tiger -#4 Wounded Black Tiger	He Foo Shou Sang	
Children's Long Fist-	Tungh Tze Luo Han Chien	
Dharmo Cane-1st Road Double	Shao Lin Ta Mo Suang Chang	
Dharmo Cane-1st Single	Shao Lin Ta Mo Chang Ti le Lu	
Dharmo Cane-2nd Single	Shao Lin Ta Mo Chang Ti Ai Lu	
SCT - 3 Battles – Tiger	San Chan	
SCT - 5 Foundations Fist – Tiger	U Chien	
SCT - Shaking (Jarring) Crane	Chung He	
SCT - Whooping Crane	Ming He Chien	
SCT - Fist of 4 Doors	Se Men Chien	
SCT - 36 Hands	San Se Liu Sou	
SCT - Tiger Chopping Pa Kua Fist	Hu Sing Chanh Kua Chien	
SCT - Tiger Pa Kua Fist	Hu Sing Pa Kua Chien	
SCT - 3 Battles	San Chien	
SCT - Hit 4 Doors	Ta Se Men	
SCT - Joining 8 Steps	Pa Pu Lian	
SCT - Pecking/Eating Crane	Se He Chien	
SCT - Tiger 108 Forms	Hu Chien le Pai Ling Pa Se	
SCT - Tiger 108 – 2-Man Set	Hu Chien le Pa Ling Pa Se Tué Ta	
Numchuck-1st Rd Single	Shao Lin Chie Kun Ti le Lu	
Numchuck-2nd Rd Single	Shao Lin Chie Kun Ti Ai Lu	
Numchuck-1st Rd Double	Shao Lin Suang Liang Che Kuen Ti le Lu	
Crazy Mad Drunk	Foong Wang Chway Han Chien	
Drunken-Beggar-Bowl & Stick	Chway Kai	
Drunken Broad Sword	Chway Tao	
Swallow Swoops Down from Heaven	Yen Tse Tien Hsia Tao	
Shaolin Monkey Fist	Shao Lin Hou Chien	
Shao-lin Golden Tiger Fist	Shao Lin Ching Hoo Chien	
Shaolin Single Grass Sickle	Shao Lin Zao Lien	
Shaolin Double Grass Sickles	Shao Lin Suang Zhao Lian	
Spear - #1 Fighting Techniques	Chang Tsu Lian Se	
Spear - #2 Lau Family Spear	Lau Chia Chang	
Spear - #3 Yang Family Spear	Yang Chia Chang	
Spear - #4 Mayflower Spear	Mei Hua Chang	
4 Faces 8 Dir. Double Broadsword	Se Mein Pa Huan Saung Tao Oo	
Dbl Tiger Hook Swords Shake Heaven	Tien Ta Suang Hu Tou Kou	
PM - Pick-n-Play	Tze Sua Chien	
PM - Hammer Fist	Cha Chun Chein	
PM - Praying Mantis Enters the Door	Tang Lang Tsu Ju	

PM = Preying Mantis System

SCT= Southern Crane/Tiger System



## 2<sup>nd</sup> Black to 3<sup>rd</sup> Black (3 Required + 7 Others)

(39 Forms)

Hsing I - 5 Roads	Hsing I U Shing Chien
Hsing I - Linkage of 5 Roads	U Hsing Lien Huan Chien
Hsing I 12 Animal Forms	Hsing I Se Al Hsing
Hsing I 2 Man Set	Hsing Ie Chien San Suo Phu
Hsing Ie Entwine the Dragon Sword	Hsing Ie Panh Lung Chien
Hsing Ie Six Harmony Staff	Shing Ie Liu He Kuen
Hsing Yi Reversibly Broadsword	Hsing Yi Lian Huan Tao
5 Animals - Breathing Exercises	U Si Sen Hua
5 Animals - Dead Training	U Si Se Hua
Hua Tuo 5 Animals - Live Training	Hua Tuo U Shing Chen Chuan
Fan-Tai Chi	Tai Chi San
Sngl Mulan Fan - Crane Dance Clouds	Mu Lan Tan San - He U Yin Tien
Dagger - Double 1st Road	Shao Lin Suang Pi Sou Ti Ie Lu
Dagger - Double 2nd Road	Shao Lin Suang Pi Sou Ti Al Lu
Strange Spear of Hsing I Fist	Hsing I Chien Zhi Ziang
Hsing I Reversible Broadsword	Hsing I Lian Huan Tao
Sword - Drunken 2 Edge	Chway Jin
Sword - Skewer the Sun	Chuan Yung Chien
Sword - Tai Chi - Sword	Tai Chi Jin
Sword - Table Top	Se Mein Pa Hung Chien
Sword - 7 Star	Chie Sing Jian
Lost Tracking Fist -1st Road	Shao Lin Mi Chung Chien Ti Ie Liu
Lost Tracking Fist -2nd Road	Shao Lin Mi Chung Chien Ti Al Liu
SLLTF Green Dragon Kwan Do	Mi Chung Kwang Kung Ching Lung Tao
Broad Sword vs Spear	Tan Tao Tue Chiang
Broad Sword Shaolin	Shao Lin Tao Su
Broad Sword - Green Dragon	Shao Lin Ching Lung Tao
Broad Sword - Black Tiger	Shaolin He Fu Tao
Broad Sword- 5 Tigers Slaughter Lamb	Shaolin Fu Chien Yang Tao
Shaolin Monkey-Tiger Fist	Shao Lin Hou Hu Chien
14th White Crane/ Tornado Legs	Ing Yang Tui
Tiger Crane Duet	Hur He Suang Hsing
Tai Chi 24	Tai Chi Ar Se Se Tse
Phequefo Tai Chi	Ku Tze Tai Chi Chien
PM - Crossing Stomping Fist	Peng Pu Chien
PM - White Monkey Come Out of Cave	Pai Yen Chu Tung Chien
PM - Mantis Secret Door	Mi Men Tan Lang Chien Ti Ie Lu
PM - White Monkey Preying Mantis Fist	Shao Lin Pai Yen Tang Lang Chien
PM - White. Monkey Steals The Peach	Pai Hou You Tao Chein
PM - Springy Legs	Tan Tui

REQUIRED  
REQUIRED  
REQUIRED

PM = Preying  
Mantis System

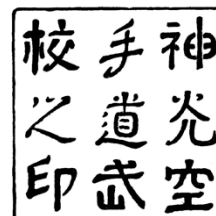


### 3<sup>rd</sup> Black to 4<sup>th</sup> Black (4 Required + 6 Others)

(31 Forms)

Hua Fist - 1st Road	Ie Liu Hua Chien	REQUIRED
Hua Fist - 2nd Road	Al Liu Hua Chein	REQUIRED
Hua Fist - 3rd Road	San Liu Hua Chien	REQUIRED
Hua Fist - 4th Road	Tsu Liu Hua Chien	REQUIRED
Hua Fist - Modern	Hua Chien	
Hua Fist - 1st 2 man set	Hua Chein Tué Ta Ti Ie Lu	
Hua Fist - 2nd 2 man set	Hua Chein Tué Ta Ti Al Lu	
Butterfly Knives - Double	Suang Tie Pa Che Tao San Se Liu Se	
Chain Whip-7 Section	Tie Pien Tsua Lung Wang Oo	
Golden Leopard Fist #1	Shao Lin Pao Chien Ti Ie Lu	
Golden Leopard Fist #2	Shao Lin Pao Chien Ti Al Lu	
Golden Leopard Fist #3	Shao Lin Pao Chien Ti San Lu	
Golden Leopard Fist #4	Shao Lin Pao Chien Ti Se Lu	
Meteor Fist Yang- Cannon Rock Fist	Liu Sing Pao Se Chien Ti Ie Lu	
Meteor Fist Yang- Cannon Rock Leg	Liu Sing Pao Se Chio Ti Al Lu	
Meteor Fist Yin - Eagle	Liu Sing Ying Chein	
Meteor Fist Yin - Snake	Liu Sing Se Chein	
Sword - Pa Kua 3 Harmony	Pa Kua San He Chien	
Northern Long Fist	Chang Chien	
Buddha Fist	Fu Cha Chien AKA Tai Tse Chien	
PM - Preying Mantis Fist	Tang Lang Chien	
Pa Kua Dragon Form	Pa Kua Lung Sing Chang	
Bo - Green Dragon (Entwine Dragon)	Pang Lung Pan	
Mayflower Cane	Shao Lin Mei Hua Kuen	
Stick That Beats Dog	Lung Men Tai Chi Ta Kou Pang	
Broad Sword & 9 Sect Whip	Shao Lin Tan Tao Yi Chu Chie Sien Pien	
Chen Tai Chi Dbl Broadsword	Chen Tai Chi Suang Tao	
Broad Sword Shaolin Twin Ground Dragon	Shao Lin Suang Ti Lung Tao	
Broad Sword - 2 <sup>nd</sup> Level	Al Chie Tao Tsu	
Broad Sword - Tai Chi	Yang Sé Tai Chi Tao	
Broad Sword - Tai Chi - 2 man set	Tai Chi Tao Tué Ta	

PM = Preying  
Mantis System



**4<sup>th</sup> Black to 5<sup>th</sup> Black****(Any 4 of Required + 6 Others)****(33 Forms)**

Drunk Immortal #1-Lan Chi He	Lan Chi He	REQUIRED
Drunk Immortal #2-He Shung Ku	He Shung Ku	REQUIRED
Drunk Immortal #3-Siang Chung Le	Siang Chung Le	REQUIRED
Drunk Immortal #4-Li Ti Kuai	Li Ti Kuai	REQUIRED
Drunk Immortal #5-Chang Kuo Lao	Chang Kuo Lao	REQUIRED
Drunk Immortal #6-Cha Kuo Chu	Cha Kou Chu	REQUIRED
Drunk Immortal #7-Han Siang Tze	Han Siang Tze	REQUIRED
Drunk Immortal #8- Li Tung Ping	Li Tung Ping	REQUIRED
Drunken Bo -	Chway Kuen	
Pa Kua - Sun/Moon Forks	Oo Tze Kun	
Pa Kua - 8 Animal	Pa Kua Pa Sing Chang	
Pa Kua - Snake by Hits	Se(Chanh) Sing Pa Kua Chang	
Pa Kua Twirling BSword- Yang Side	Pakua Tao Kao Chi Tao Lu	
Pa Kua Twirling BSword- Yin Side	Pakua Kuen Sou Tao	
Sword - Twin 2 edge Tiger	Suang Hu Chien	
Le Kuai Axes	Le Kuai Sang Fu	
Chain Whip-9 Section	Chiu Chi Sen Pien	
Shaolin Ground Monkey 1st Road	Shao Lin Hou Chien Tang Kung Ti le Lu	
Shaolin Ground Monkey 2nd Road	Shao Lin Hou Chien Tang Kung Ti Al Lu	
1st Road Root of The Ground Dragon	Ti Tang Loong Chien (De Loong Gen)	
10000 Lotus Blooms #1	Wan Lian Pa Kuen - Ti le Lu	
10000 Lotus Blooms #2	Wan Lian Pa Kuen -Ti Al Lu	
Green City Mountain Monkey Fist	Ching Chien San Hou Chien	
Shaolin Two-Handed Sword	Suang Shou Chien	
8 Immortal 2 Edge Sword - Sober	Pa Chien Chien	
Dagger – Yang	Yang Pi Sou Chien Ciu Se Tse	
Dagger – Yin	Yin Pi Sou U Se Pa Tse	
Staff -3 Section	San Chie Kuen	
Tai Chi -Chein 83	Sin Chia Chen Se Tai Chi Chien	
Fan-Double Mulan	Mulan Suang Tie San	
Spear - Pa Kua Spear	Pa Kua Chiang	
Spear – Drunken	Chway Chiang	
Shaolin 5 Animals	Shao Lin U Shing Chuan	

